

FCS Skillathon

COOKBOOKS! COOKBOOKS! COOKBOOKS!

Do you have cookbooks you no longer use? Donate them to support **Lincoln County 4-H!**

Cookbooks may be dropped off at the Extension Office for the **Cookbook Sale** during:

 **March Extension Open House & Lunch**

 Friday, March 20, 2026

 11:00 AM – 1:00 PM

4-H Spring Events

 **April 16**

 Fayetteville Middle School

County contests include:

- Demonstrations
- Project Displays
- Interviews
- Birdhouses & Birdfeeders
- Models
- Dairy Posters
- Scrapbooks
- Photography

More information:

<https://lincoln.tennessee.edu/4-h-youth-development/>

4-H Honor Club

The 4-H Honor Club is a statewide organization recognizing **6th–12th grade members** who demonstrate leadership and active community involvement.

Requirements:

- Submit application
- Endorsement from local 4-H leader
- Approval by State 4-H Office

Members receive:

- 4-H Honor Club Certificate
- 4-H Honor Club Key

Application Help Meeting:

March 30 at 5:00 PM

If you cannot attend, assistance is available upon request.

4-H Clover Bowl (Grades 4–8)

A quiz bowl competition covering:

- Tennessee
- 4-H
- Agriculture
- Life Skills
- Science
- Government

How It Works:

- Form a team of **4 students in the same grade**
- Secure a teacher/parent to help practice
- Study the Clover Bowl manual
- Compete at the county contest in spring

 County winners advance to the **Central Region Clover Bowl** at
 Tennessee Tech University (May)

Please contact Allison Heffington by email for details. aheffing@tennessee.edu



Dairy Quiz Bowl

 Practice begins April 20

 3:30 PM

 4-H Office

Open to **6th–12th grades**

State Contest:

 May 28

 Murfreesboro



Dairy Judging

 Begins June 22 at 1:00 PM

 Ralph Hastings Building Auditorium (adjacent to UT Extension Lincoln County Office)

- Learn to judge 5 major dairy breeds
- Seniors give oral reasons

Regional Contest:

 July 14 – Murfreesboro

State Contest (Senior Teams):

 August 20



4-H Project Portfolios

Portfolios help members:

- Set and evaluate goals
- Prepare resumes
- Complete project interviews
- Develop leadership skills

Outstanding portfolios may earn trips to:

- Junior High 4-H Academic Conference
- State 4-H Congress
- Tennessee 4-H Roundup
- National 4-H Congress

Important Dates:

- **Mid-April:** Jr. High Portfolios Due
 - **March 11 at 10:30 AM:** Portfolio Website Workshop (Bring your computer)
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Junior High 4-H Academic Conference

 June 9–12

 University of Tennessee

Open to **6th–8th graders (as of January 1)**

- 20 project areas available
- Hands-on learning with university specialists
- Classroom, outdoor, and lab experiences

 Forms Due: March 30

More information: <https://4h.tennessee.edu/academic-conference/>

Beef Shows

- **Knoxville Spring Junior Cattle Show:** May 1–2 (Entries due March 15)
- **South Central Beef Show:** June 25 – Pulaski
- **Regional Beef Show:** July 8–9 – Lebanon
- **State Beef Show:** July 10–11 – Lebanon

Ownership Deadline: **May 1**

More information:

<https://animalscience.tennessee.edu/animal-exhibitions/>



Sheep Shows

- Regional Show: June 27 – Murfreesboro
- South Central Show: July 28 – Lawrenceburg
- State Show: August 13–15
 - Tennessee State Fair

Ownership & Entries Due: **June 1**

More information:

<https://animalscience.tennessee.edu/animal-exhibitions/>



Meat Goat Shows

- South Central Show: July 28 – Lawrenceburg
- Regional Show: July 18 – Shelbyville
- State Show: August 14–15
 - Tennessee State Fair

Open to **4th–12th grades**

Ownership & Entries Due: **June 1**



Dairy Shows

- Regional Show: August 21
 - Tennessee State Fair
- State Show: October 9–10 – Lebanon

Ownership & Entries Due: **July 1**



For more information, contact:

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