

Children's Ages and Genders

Below, please list the ages of your children and check whether each is a boy or girl.

Age	Boy	Girl
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Date of class you will attend.

Class Selection

Record the time, date and location of your class here.

Location _____

Date _____

Time _____

2018 Parenting Apart Class Dates

- January 26
- February 23
- March 23
- April 27
- May 18
- June 29
- July 27
- August 24
- September 28
- October 19

Classes will be held at the Motlow State Community College Fayetteville Campus in Room FC-32 at 10:30 a.m.

Ethel Bonner
UT Extension Lincoln County
Family & Consumer Sciences Agent
 208 Davidson Street East Suite 117
 Fayetteville, TN 37334-3502

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Programs in agriculture and natural resources,
 4-H youth development, family and consumer sciences,
 and resource development.
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 UT Extension provides equal opportunities in programs and employment.

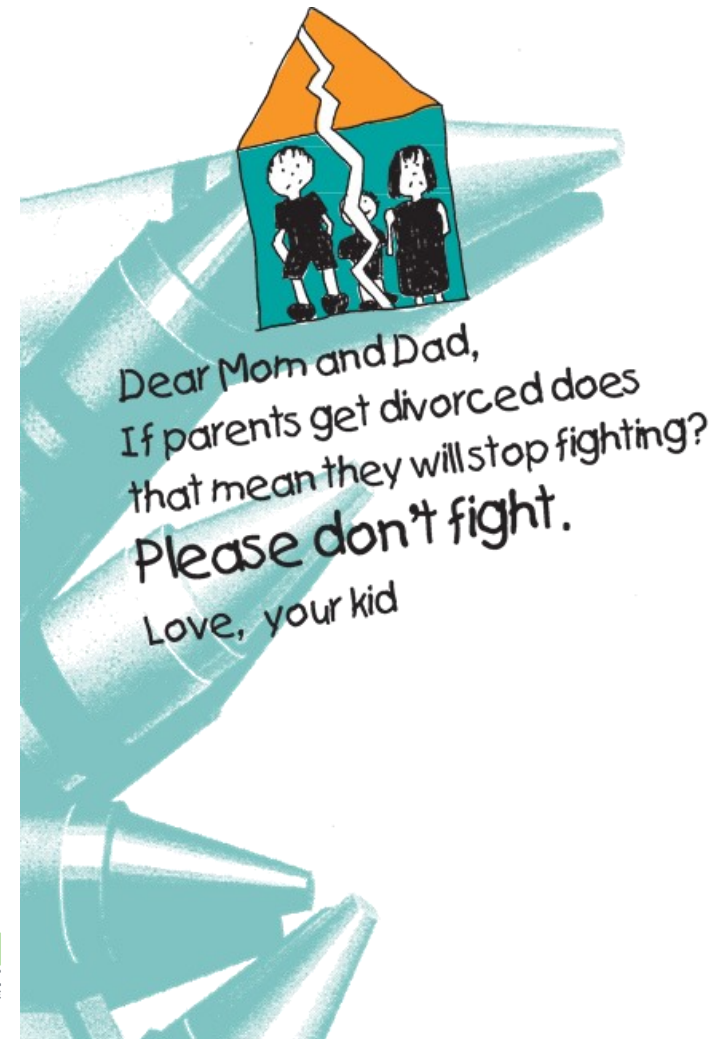
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LINCOLN COUNTY
UT EXTENSION
 INSTITUTE OF AGRICULTURE
THE UNIVERSITY OF TENNESSEE

Parenting Apart

Effective Co-Parenting

An Educational Program
 for Divorcing Parents



Please detach the registration form and return it along with your payment to the following address:

UT Extension Lincoln County
 ATTN: Co-Parenting Class
 208 Davidson St E
 Fayetteville, TN 37334

Parenting Apart: Effective Co-Parenting

An Educational Program for Divorcing Parents

Tennessee has one of the highest divorce rates in the U.S. Because divorce is so common, it may seem like adjustment to divorce has become easier for everyone involved. In reality, divorce is hard for all family members, especially children. Because of concerns about the negative impact of divorce on children, the Tennessee State Legislature passed a law that requires divorcing parents of minor children to attend a parenting educational program.

The University of Tennessee Extension has developed a four-hour program, "Parenting Apart: Effective Co-Parenting," for divorcing parents to help them guide their children through the issues that arise because of the parents' divorce.

The following topics are covered in the program:

1. Domestic Violence and Divorce
2. The Processes of Divorce and Mediation
3. Dealing with Stress
4. How Children React to Divorce
5. Positive Communication Skills
6. Keeping Children Out of the Middle of Conflicts
7. The Family after Divorce

Classes include group discussion, viewing videos and lectures. Each participant will receive a booklet about parenting through divorce and a list of local resources. In Lincoln County, the UT Extension Family & Consumer Sciences (FCS) Agent, conducting the class is Ethel Bonner. Monthly classes will be held at the Motlow State Community College Fayetteville Campus in Room FC-32 at 10:30 a.m.

Pre-Registration

Participants must register in advance to be sure of a place in the class. Those who do not pre-register may not be admitted if the class is full. The cost of the program is \$40 per person if paid in advance; the cost will be \$50 cash if paid at the door. There will be no fee for the class if you have an order to no-fee parent education. This must be obtained from the judge. Classes of less than five preregistered participants may be canceled. **To RSVP or receive more information, please call the Lincoln County Extension Office at (931) 433-1582.** You may want to attend a class at a location other than where your divorce is filed. Check with your attorney to be sure that an Extension class taken in another county will be accepted by the judge hearing your case. Divorcing spouses should attend separate classes.

Do not bring children to class. Child care is not provided and the subject matter is not intended for children.

Classes begin on time and participants will not be allowed to attend if they arrive after the starting time. A certificate will be given to all persons who complete the course. To get credit for taking the course, please list your civil court and docket number if you have one, on the registration form.

If you need special accommodations because of a disability or language need, please contact your UT Extension office at least one week in advance of the class you will attend. For more information, please call the UT Extension Lincoln County Office at (931) 433-1582.

FAMILY & CONSUMER SCIENCES

Registration Form

Full Name _____

Mailing Address _____

City, State, Zip Code _____

Home Phone(_____) _____ - _____

Cell Phone(_____) _____ - _____

Work Phone(_____) _____ - _____

E-mail _____

Court in which divorce is filed _____

Civil Court docket number _____

Name of spouse/former spouse _____

Has violence been an issue in your current marriage or relationship?

Yes No

Class Fees

\$40 per person in advance; make checks payable to Lincoln County Extension.

Payments made by at the door will be \$50 per person. (Please arrive 15 minutes early if you are not registered.)

If payment is a problem, please contact Lincoln County's UT Extension FCS Agent, Ethel Bonner at (931) 433-1582 prior to registering for the class you will attend class.